



Coaching Performance

From A.C.E. Learning and Performance Solutions

Coaching is one of the most important strategies for helping people achieve positive, measurable, long-term behavioral change. Productive coaching optimizes employee performance, promotes individual responsibility and accountability, and increases confidence. Effective coaches support skill development by building on strengths, providing encouragement and allowing opportunity for creative solutions.

Program Goal

To learn how to coach people for behavioral change using developmental feedback.

Learning Outcomes

As a result of attending this workshop participants will be able to:

- Describe key coaching roles
- Recognize coaching opportunities
- Create an environment for positive behavioral change
- Conduct a productive coaching session
- Use affirming and developmental feedback as coaching tools
- Leverage employee's strengths
- Understand that self-development is the first step

Program Specifics

Audience: Managers, Supervisors, Leads

Duration: 8 hours

Class size: Maximum 15

Learning Methodology:

- Current best practices in Adult Learning Methodology
- Practical, engaging, experiential, and interactive